



Club Sports Monthly

Welcome Back Issue September 2012

September Editor: Liz Smith

Contributors:

Ryan Seago - Sailing

Matt Trenery - M's Rugby

Jane Harness - MRun

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On behalf of the Club Sports Council, we would like to welcome everyone back to campus! We have a great school year to look forward to with numerous games, matches and regattas from all of our club sport athletes. 2013 will signify the 100th anniversary of the University of Michigan's Recreational Sports Department. Inside this issue you will find updates from sailing, running, men's rugby and waterski!

Check out our 2012 club sport athletes!



Sailing at Tufts - Hood Trophy

After the first 2 home football games of the year and our alumni regatta kept almost all of the team in Ann arbor for most of September, the Michigan Sailing Team began its first weekend of competition by sending one of its 2 teams of the weekend to the Prof. Hood Trophy. The regatta was hosted by Tufts University on the “mystical” Mystic Lake in Medford, Massachusetts. The lake is known for its incredibly unpredictable winds and massive wind shifts due to the small size and large hills surrounding the lake. To help overcome the usual lack of wind on the lake, Tufts has a fleet of 24 Larks which are modified for light air sailing. The Larks have oversized mainsails and in addition are much lighter than most 2 person dinghies. This allows for much more enjoyable sailing because most crews are fully hiking in 10 knots of breeze!

When we showed up to the lake on Saturday morning we were greeted by the other 18 east coast teams and were ready to hit the water. However, as the overnight northerly breeze died, classic Mystic Lake conditions of 0-3 knots of breeze and very shifty conditions settled in. Around noon the breeze picked up to 4-6 knots and we were off racing. In A fleet, Matt Graham('13) and Karinne Smolenyak ('15) started the day and in B fleet we had Ryan Seago('14) and Evelyn Hull('13). It took a bit of time to get used to the highly competitive east coast starting line and fickle wind shifts, but towards then end of the day both of our boats were breaking into the top 10 on a consistent basis against the other varsity teams. After the first day we were sitting in 13th of 19 and were ready to watch the Notre Dame football game and get some sleep at team member Alex Mayo's house in Needham, MA. Needless to say, (no pun intended) Alex's parents were very gracious hosts by providing us breakfast twice and dinner on Saturday and even watched Denard throw as many interceptions as possible with us.



Sunday started out with fantastic conditions of 10-15 knots of breeze and sunny skies. In A fleet, Tom Etheridge('16) and Alex Mayo('15) went out and had a superb first race, rounding the first mark in 3rd place and finished the race in the top 10. (Not bad for Tom's first ever race in college!) Throughout the morning the race committee ran a Gold Cup course (Triangle Windward-Leeward) to help spread the fleet out and to see if the boats could get up on a plane! But, as the breeze died towards the end of the day, we went back to a traditional W4 course at around noon and after 20 races were completed for the weekend the regatta was over at 3 pm. After the 2 days of racing, Michigan ended up in 14th place overall of 19, 14th in A and 13th in B.

Men's Rugby - Michigan Handles Purdue 34-5



A staunch defense gave the Wolverines plenty of attacking opportunities as Michigan cruised to their first Big Ten win. But for UMRFC head coach Matt Trenary, the highlight of the game was Michigan's defense. "It was the focus of the week," Trenary said. "They came out and executed, and for most of the game our structure worked how we wanted it to."

The Wolverines took control of the game defensively, preventing Purdue from penetrating inside their 22 for the majority of the game and shutting the Boilermakers out until the 71st minute, while the offense scored early and often.

Grady Bridges put Michigan on the board in the third minute with a try and conversion off of a quick tap by Ian Etheart, but an ankle injury hindered his kicking abilities throughout the game. Bridges missed a penalty kick and a conversion on Christian Mentzer's try in the 19th minute, but the Wolverines took a comfortable 12-0 lead into half. Mentzer was the beneficiary of prolonged time in the Boilermaker 22. In the second half, Michigan's backs took over on offense. Bridges, Sequoyah Burke-Combs, and Ian Etheart all tacked on tries to push the score to 29-0 — While passing was poor and knock-ons were numerous by the Michigan backs, most of the possessions that featured good hands resulted in a try.

"We have good athletes back there and they want to run," Trenary said. "They have pretty good one-on-one skills, (so) we have to find ways to give them the ball ... where they can use their individual skills." Despite the offense squandering many opportunities to put more points on the board, Trenary was insistent Michigan's defense highlighted its play.

"I'm really happy with limiting them to five points," he said. "I think we had a good shot of shutting them out, but they ended up scoring late. We had a lot of opportunities on offense, and I think we could've put up more points. If you have a good defense to fall back on, you're always going to be in the game. 34 points is nice, but the five for Purdue is what really makes me happy."

September Player of the Month - Neal Slabbekoorn

With not even a month of rugby experience, Neal Slabbekoorn is the University of Michigan's Rugby Football Player of the Month. Despite not having any rugby background at all, Neal came to two-a-days with a sleeping bag and an inspiring determination to learn the sport. During his first week, he helped raise money for the club during the bi-annual dorm fridge fundraiser. Now, Neal has two matches under his belt and will continue to contribute to the success and growth of the club.

Height: 5'10

Weight: 150

Year: Freshman

Major: Engineering

Hometown: St. Joseph, MI



MRun: Loyola Lakefront Invitational

Although the races were early this year, MRun came to the course ready to dominate for the second time this season! It was a cool morning, but the sun came out and the wind held off to create great racing conditions. The men's team won with a score of 28, and the women's team won with a score of 26!! Thank you to

all of the parents who provided post-race snacks! Thank you to Alli Reid and Elise Huerta for coordinating the post-race pizza lunch!



We had so many great performances this week we had to pick 4 athletes of the meet!

Dante Michael! Dante had a great race with a PR of 30:44!! Dante has an amazingly positive attitude and while everyone was still waking up, trying to fathom the reality of the upcoming race, Dante was 100% ready to go. He is always smiling and his positive energy really pushed him to have a great race- way to go Dante!

Stephanie Resis! Stephanie had another great race and she beat her high school PR!!! She came in 4th overall with a time of 19:37! In addition to the support and MRun love from the 95 other teammates, her high school coach was also there to watch her break her PR! Go Stephanie!!

Juston Jaco! Juston is originally a sprinter for the team and he completed his cross country conversion at Loyola as he ran his first cross country race with the team!! He had a great race and really helped the team to get pumped up for the race! Go Juston!!

Madeline Lacey! Madeline had her first race with MRun at Loyola and she rocked it! She also had a PR and she ran with a lot of heart! Way to go Madeline and welcome to the MRun family!!



Waterski Fall 2012



Our season began on Labor Day where we competed against Michigan State's team in a head to head tournament at Tivoli Gardens. This was a great way for both teams to get warmed up for the tournament season as well as spend a fun day with friends and family.

The following weekend we competed in the Jepawhit Ski Fest Tournament. Despite the storm that managed to take half of our campsite with it, everyone gave it their all and we were able to come out of the weekend having taken second place behind Purdue!

On our third weekend we returned to Tivoli Gardens to compete in the annual Ripfest tournament hosted by Michigan State. This was by far one of the best weekends we had weather wise, and to top it all off we took first place!

